



Autism courses for families

- Refreshments provided [tea, coffee, biscuits], please bring your own lunch
- This is open to parent/carers only. Receive a FREE course booklet to take home
- Learn from our experienced facilitators & other

Understanding and supporting stress and anxiety-related behaviour course

3rd October 2024 9.30-2.30pm

Brigehall Community Centre

Siddington Ave, Stockport SK3 8NR

Booking is essential for this free course
more information: click [link](#)

Email gmac@nas.org.uk

www.autismgm.org.uk/events

