



To find out more visit:

[www.autismgm.org.uk/events](http://www.autismgm.org.uk/events)

# Parent/Carer of Autistic Teens

## Monthly support group

Zoom Online drop-in 7-8.30pm

A safe online space moderated by two GMAC facilitators where parents can ask questions, pass on tips, listen and share their parenting experiences.

**This is a parents only session**

**24 April**

**13 May**

**10 June**

**10 July**

Book your free place now,

[click here](#) or email [gmac@nas.org.uk](mailto:gmac@nas.org.uk)

Or email: [abigail.gibson@nas.org.uk](mailto:abigail.gibson@nas.org.uk)

### Information and support

Get free resources and advice on a wide range of issues affecting autistic people and their families.

Visit:

[www.autismgm.org.uk](http://www.autismgm.org.uk)

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