



To find out more visit:

www.autismgm.org.uk/events

Online Question & Answer sessions for parents of Autistic Teenagers

For parents and carers of young autistic people aged 10 to 16.
Please note the 90 minute drop-in is shaped by your questions.
You may have questions about anxiety, self-esteem, puberty ask our
facilitators and supportive fellow parents in a safe online space.
You can also email us your question ahead of the drop-in session:

Join from the comfort of you home on Zoom

7pm-8.30pm

18th April

21st May

20th June

9th July

15th Aug

10th Sept

Book your Free place now click link below:

[click here](#) or email gmac@nas.org.uk

Information and support

Get free resources and advice on a wide range of issues affecting autistic people and their families.

Visit:

www.autismgm.org.uk

www.autism.org.uk