

Parent/Carer of Autistic Teens

Monthly support group

Zoom Online drop-in 7-8.30pm

A safe online space moderated by two GMAC facilitators where parents can ask questions, pass on tips, listen and share their parenting experiences

10th October

7th November

5 December

16 January

6 February

6 March

Book your free place now,

[click here](#) or email gmac@nas.org.uk

Or email: abigail.gibson@nas.org.uk

Information and support

Get free resources and advice on a wide range of issues affecting autistic people and their families.

Visit:

www.autismgm.org.uk

www.autism.org.uk