

What does autism look like in teenagers?

Q&A sessions

For parents and carers of young autistic people aged 10 to 16. Please note the 90 minute drop-in is shaped by your questions. You may have questions about anxiety, self-esteem, puberty ask our facilitators and supportive fellow parents in a safe online space. You can also email Abi your question ahead of the drop-in session:

Join from the comfort of you home on Zoom

2nd November 7pm

5th December 7pm

16th January 7pm

13th February 7pm

21st March 7pm

Book your Free place now click link below:

[click here](#)

Or email: abigail.gibson@nas.org.uk

Information and support

Get free resources and advice on a wide range of issues affecting autistic people and their families.

Visit:

[**www.autismgm.org.uk**](http://www.autismgm.org.uk)

[**www.autism.org.uk**](http://www.autism.org.uk)