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www.autismgm.org.uk/events

Online Q&A sessions for parents of autistic teenagers

For parents and carers of young autistic people aged 10 to 16.

The 90 minute drop-in session is shaped by your questions. You may have questions about anxiety, self-esteem, puberty or anything else to do with being a parent of a teenager. Ask our facilitators and supportive fellow parents in a safe online space:

Join from the comfort of you home on Zoom

2nd November 7pm

5th December 7pm

16th January 7pm

13th February 7pm

21st March 7pm

Book your **Free** place now click link below:

[click here](#)

Information and support

Get free resources and advice on a wide range of issues affecting autistic people and their families.

Visit:

www.autismgm.org.uk

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