# #sport #disabilitysport 1st Sept to 31st Dec

ANT

# TAMESIDE





/active\_tameside

# **Active Copley**

# Monday

4.00pm - 5.00pm Multi Sports & Dodgeball

Tuesday

5.30pm - 6.30pm Little Soccer-Strikers

# Wednesday

5.30pm - 6.30pm Little Sport

#### **Friday**

| 5.30pm - 6.30pm | Badminton Smash-Up |
|-----------------|--------------------|
| 7.30am - 8.30pm | Disability Dance   |

# Saturday

10.00am - 10.45am Little Soccer-Strikers

11.00am - 12.00pm Football 6-13 years

# **Active Medlock**

# Monday

| 9.30am - 3.00pm | Disability Living Well |
|-----------------|------------------------|
| 5.30pm - 6.30pm | Disability Swimming    |
| 5.30pm -7.30pm  | Disability Dance,      |
|                 | Football & Life-skills |

# Tuesday

| 9 | .3 | 0a | an | ו - | 3 | 8.0 | 0 | pr | n |   |   | D | is | ab | oili | ty | L | ivi | n | g١ | W | el |   |  |  |  |
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# Wednesday

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|   |    |    |    |     |   |     |    |    |   |  |   |    |    |      |    |   |     |     |   |   |    |  |  |  |

## **Friday**

| 9.30am - 3.00pm | Disability Living Well |
|-----------------|------------------------|
|                 |                        |

# Thursday

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|    |   |    |    |     |     |     |   |    |   |  |   |    |    |     |    |   |     |   |    |   |    |  |  |  |

#### **Saturday**

10.00am - 12.30pm Disability Dance,

Football & Life-skills

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3-6 YEARS

5 YEARS+

6-9 YEARS

6-13 YEARS

6-16 YEARS

6 YEARS+

# **Active Oxford Park**

### Monday

| 5.30pm - 6.30pm | Little Soccer-Strikers |
|-----------------|------------------------|
| 6.30pm - 7.30pm | Indoor Athletics       |

# **Thomas Ashton School**

# Wednesdav

6.00pm - 8.00pm

**Disability Dance &** Multi Sport

# **Fairfield Community Centre**

#### Monday

7.30pm - 8.30pm

Disability Multi Sport

# **Tameside Cycle Circuit**

#### Monday

| 5.00pm - 7.00pm | Cycling    |
|-----------------|------------|
| 5.00pm - 7.00pm | TRI- Cycle |

#### Thursday

5.00pm - 7.00pm Cycling

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# **Saturday**

1.00pm - 3.00pm Cycling

# **Active Etherow**

# Monday

| 9.00am - 11.00am | Casual Bowling |
|------------------|----------------|
| 11.00am - 1.00pm | Casual Bowling |
| 1.00pm - 3.00pm  | Casual Bowling |
|                  |                |

#### **Tuesday**

| 9.00am - 11.00am | Casual Bowling |
|------------------|----------------|
| 11.00am - 1.00pm | Casual Bowling |
| 1.00pm - 3.00pm  | Casual Bowling |

For further information and all enquiries please contact your local centre of choice

Active Copley 0161 303 8118 Huddersfield Road, Stalybridge, SK15 3ET

Active Etherow 01457 763165 Mottram Road, Broadbottom, SK14 6AX

Active Medlock 0161 370 3070 GardenFold Way, Droylsden, M43 7XU

Active Oxford Park 0161 830 0508 Pottinger Street, Ashton-U-Lyne, OL7 0PW

Tameside Cycle Circuit Richmond Street, Ashton-u-Lyne, OL7 9HG

Thomas Ashton School Bennett Street, Hyde, SK14 4SS



#### **Fairfield High School**

Fairfield Avenue, Droylsden, M34 6AB

#### www.activetameside.com