

Number: _____
Name: _____
I may need the support of an accompanying adult . Please contact:

I am autistic and am feeling extremely anxious

To help me please:

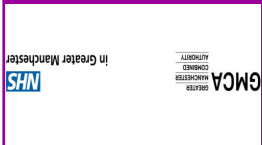
* _____

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X Do not _____

X Do not _____



I am autistic

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Based on an original version by Manchester Foundation trust